

# Mudman Series – event structure and rules

## **MUDMAN**

An event consists of a swim / paddle, cycle and run for a particular age group.

An event can be completed by an individual or by a 3 man team (e.g.: where one person swims / paddles, another cycles and a third runs).

Events are offered in either full or half-distance.

Prizes are differentiated for male and female competitors.

### **Full Distance**

700 meter swim or 2.5 km paddle

20 km mountain bike ride

5 km trail run

### **Half Distance**

350 meter swim or 1.25 km paddle

10 km mountain bike ride

2.5 km trail run

## Prize categories

### Paddle / Cycle / Run

<b>Event</b>	<b>Age group</b>	<b>Position</b>
Half Distance - Team	u11	1
Half Distance - Team	u13 (12 - 13)	1
Half Distance - Team	u16 (14 - 16)	1
Half Distance - Team	u40 (17 - 39)	1
Half Distance - Team	40+	1
Half Distance - Individual	u11	1 F
Half Distance - Individual	u11	1 M
Half Distance - Individual	u13 (12-13)	1 F
Half Distance - Individual	u13 (12-13)	1 M
Half Distance - Individual	u16 (14 - 16)	1 F
Half Distance - Individual	u16 (14 - 16)	1 M
Half Distance - Individual	u40 (17 - 39)	1 F
Half Distance - Individual	u40 (17 - 39)	1 M
Half Distance - Individual	40+	1 F
Half Distance - Individual	40+	1 M
Full Distance - Team	u18	1
Full Distance - Team	Open (18+)	1
Full Distance - Individual	u18	1 F
Full Distance - Individual	u18	1 M
Full Distance - Individual	u40 (19 - 39)	1 F
Full Distance - Individual	u40 (19 - 39)	1 M
Full Distance - Individual	40+	1 F
Full Distance - Individual	40+	1 M

Swim / Cycle / Run

<b>Event</b>	<b>Age group</b>	<b>Position</b>
Half Distance - Team	u11	1
Half Distance - Team	u13 (12 - 13)	1
Half Distance - Team	u16 (14 - 16)	1
Half Distance - Team	u40 (17 - 39)	1
Half Distance - Team	40+	1
Half Distance - Individual	u11	1 F
Half Distance - Individual	u11	1 M
Half Distance - Individual	u13 (12 - 13)	1 F
Half Distance - Individual	u13 (12 - 13)	1 M
Half Distance - Individual	u16 (14 - 16)	1 F
Half Distance - Individual	u16 (14 - 16)	1 M
Half Distance - Individual	u40 (17 - 39)	2 F
Half Distance - Individual	u40 (17 - 39)	1 F
Half Distance - Individual	u40 (17 - 39)	2 M
Half Distance - Individual	u40 (17 - 39)	1 M
Half Distance - Individual	40+	1 F
Half Distance - Individual	40+	1 M
Full Distance - Team	u18	1
Full Distance - Team	Open (18+)	1
Full Distance - Individual	u18	2 F
Full Distance - Individual	u18	1 F
Full Distance - Individual	u18	2 M
Full Distance - Individual	u18	1 M
Full Distance - Individual	u40 (17 - 39)	2 F
Full Distance - Individual	u40 (17 - 39)	1 F
Full Distance - Individual	u40 (17 - 39)	2 M
Full Distance - Individual	u40 (17 - 39)	1 M
Full Distance - Individual	40+	1 F
Full Distance - Individual	40+	1 M
Full Distance - Individual	Overall	1 F
Full Distance - Individual	Overall	1 M

## RACE INFORMATION AND RULES

1. Bear in mind at all times that the Mudman Series is a fun event.
2. Two man and four man teams may participate and will receive medals, but are not eligible for prizes.
3. Only teams with 3 participants are eligible for prizes. A K2 canoe qualifies you as a two man team, and is therefore not eligible for prizes. An individual cannot compete in a K2.
4. Qualification for the Series prize requires entry into the SWIM FULL DISTANCE INDIVIDUAL category
5. The minimum age for the full distance event is 8 years of age (with an entered parent / guardian / responsible supervising adult).
6. The minimum age for the half distance event is 6 years of age (with an entered parent / guardian / responsible supervising adult).
7. Helmet and own bike is compulsory for the ride as well as life jackets and own canoe for the paddle.
8. Crop tops / T-shirts are compulsory for the run.
9. No wet suits allowed in the swim.
10. Bike boards are compulsory.
11. Organisers reserve the right to not award prizes in a category if there are fewer than 5 entries in that category. Athletes entering this category will be placed one age group higher until there are sufficient entries (minimum 5 in a category).
12. The idea of the event is to have fun - cheating is not permitted and will result in disqualification.
13. If you leave the course at any point you must rejoin the course where you left or else you are considered to have taken a short cut.
14. Please put your helmet on before you remove your bike from the transition.
15. All cyclists must wear a fastened helmet.
16. No cycling in the transition area.
17. Athletes need to be marked according to race requirements.
18. Canoes must have buoyancy.
19. Athletes must obey marshals and race officials.
20. No spectators are permitted into the transition area until after the event.
21. The Mudman Series has a NO REFUND policy in the event of a race/s being cancelled in part or in whole for whatever reason.
22. The Mudman Series has a NO REFUND policy in the event that an athlete or team opts to withdraw their entry for whatever reason.
23. All athletes on the course must have entered the event.
24. Series winners can be competitors from any age group, and are based on the best 3 results out of the 4 events in the full distance swim category. Points are allocated as follows:
  - 20<sup>th</sup> place - 1 point
  - 19<sup>th</sup> place - 2 points
  - 18<sup>th</sup> place - 3 points
  - 17<sup>th</sup> place - 4 points
  - 16<sup>th</sup> place - 5 points
  - 15<sup>th</sup> place - 6 points
  - 14<sup>th</sup> place - 7 points
  - 13<sup>th</sup> place - 8 points

• 12 <sup>th</sup> place	-	9 points
• 11 <sup>th</sup> place	-	10 points
• 10 <sup>th</sup> place	-	11 points
• 9 <sup>th</sup> place	-	12 points
• 8 <sup>th</sup> place	-	13 points
• 7 <sup>th</sup> place	-	14 points
• 6 <sup>th</sup> place	-	15 points
• 5 <sup>th</sup> place	-	16 points
• 4 <sup>th</sup> place	-	17 points
• 3 <sup>rd</sup> place	-	18 points
• 2 <sup>nd</sup> place	-	19 points
• 1 <sup>st</sup> place	-	20 points

### **Please note**

In 2019 the Epworth Mudman event does not include a swim or paddle leg. The Epworth event will consist of a run, cycle and run. The Epworth event will not feature the Dirtman option.

Event distances are as follows:

#### **Full distance**

5 km trail run

20 km mountain bike ride

3 km trail run

#### **Half Distance**

2.5 km trail run

10 km mountain bike ride

3 km trail run

All rules and regulations remain in full force and effect with regards to all other aspects of the event.

## **DIRTMAN**

An event consists of a cycle and run for a particular age group. An event can be completed by an individual only – no teams.

Events are offered in only half-distance.

### **Half Distance**

10 km mountain bike ride

2.5 km trail run

### **Prize categories**

#### Cycle / Run

<b>Event</b>	<b>Age group</b>	<b>Position</b>
Half Distance – Individual	u13	1
Half Distance – Individual	Open (18+)	1

### **RACE INFORMATION AND RULES**

1. Bear in mind at all times that the Mudman Series is a fun event.
2. The minimum age for the half distance event is 6 years of age (with an entered parent / guardian / responsible supervising adult).
3. Helmet and own bike are compulsory for the ride.
4. Crop tops / T-shirts are compulsory for the run.
5. Bike boards are compulsory.
6. Organisers reserve the right to not award prizes in a category if there are fewer than 5 entries in that category. Athletes entering this category will be placed one age group higher until there are sufficient entries (minimum 5 in a category).
7. The idea of the event is to have fun - cheating is not permitted and will result in disqualification.
8. If you leave the course at any point you must rejoin the course where you left or else you are considered to have taken a short cut.
9. Please put your helmet on before you remove your bike from the transition.
10. All cyclists must wear a fastened helmet.
11. No cycling in the transition area.
12. Athletes need to be marked according to race requirements.
13. Athletes must obey marshals and race officials.
14. No spectators are permitted into the transition area until after the event.
15. The Mudman Series has a NO REFUND policy in the event of a race/s being cancelled in part or in whole for whatever reason.
16. The Mudman Series has a NO REFUND policy in the event that an athlete or team opts to withdraw their entry for whatever reason.
17. All athletes on the course must have entered the event.

## **MUDSKIPPERS**

An event for children in various age groups ranging from pre-school to under-12.

These younger competitors can also participate in the Mudman events – accompanied, but not assisted, all the way by an entered parent / guardian / responsible supervising adult.

Mudskippers is specifically for children. The Mudskipper event, comprises a wade on the edge of the dam (Hermannsburg swims in a pool), a short cycle and a short run.

A medal, goodie bags and / or sweets may be given at the finishes but no prizes are given for the Mudskipper events.